Interoffice Memorandum



May 15, 2023

TO: Mayor Jerry L. Demings

-AND-

County Commissioners

RAM: Carrie Mathes, CFCM, NIGP-CPP, CPPO, C.P.M., Manager II,

Procurement Division

CONTACT: Donna Wyche, Manager, Mental Health and Homelessness Issues Division

407-836-7608

SUBJECT: Approval of Contract Y23-1050, Primary Care Behavioral Health Integration Pilot

ACTION REQUESTED:

Approval of Contract Y23-1050, Primary Care Behavioral Health Integration Pilot, with Pediatric Associates, in the estimated contract award amount of \$1,035,000 for a one-year term. Further request authorization of the Procurement Division to renew the contract for one additional one-year term.

PURPOSE:

This contract will engage a service provider to conduct on-site pediatric mental health services to prevent and/or treat mental and behavioral health issues in a primary and pediatric care setting.

FUNDING:

Funding is available in account number 0001-062-2501-8610.

APPROVALS:

The Mental Health and Homeless Issues Division concurs with this recommendation.

REMARKS:

This contract will provide an integrated Primary Care Behavioral Health (PCBH) model with Modular Approach to Therapy for Children (MATCH), two evidence-based practices to conduct on-site pediatric mental health services in a primary care setting. There are no organizations utilizing a combined model of PCBH and MATCH. Pediatric Associates is the sole provider, who will work exclusively with the sole purveyor, The Baker Center for Children and Families, to implement MATCH in a pediatric setting and study the impact of the combined evidence-based models. The Baker Center for Children and Families is the only provider of MATCH and can oversee the implementation of the model within this unique setting. Integrated mental health services within a primary care setting is a major recommendation of the Orange County Mental and Behavioral Health System of Care Community Analysis and is a priority of the Orange County Mayor's Office.

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The pricing associated with this contract is reasonable and in line with prior funded work and encompasses the growing provider collaboration within the Youth Mental Health Management Network Consortium, in addition to projects developed out of the recommendations of the Orange County Mental and Behavioral Health System of Care Community Analysis. All costs associated with MATCH are fixed costs that are always consistent throughout all countries/states/counties where MATCH training and consultation has taken place.

<u>Vendor/Agency History</u>: Chelimer Miro Rivera, LMHC has been in partnership with Orange County since June 2016 when she joined the trauma response efforts to support Orange County community members following the Pulse Nightclub shooting. In her role as Mental Health Program Director, at First Choice Pediatrics she maintained her stake in the relationship by enrolling into The Orange County MATCH Learning Collaborative with Judge Baker Children's Center in October 2021. She completed the 18-month training as a certified MATCH Trainer and Supervisor; she is now using the training and skills provided by Orange County to implement the Integrated Primary Care Behavioral Health pilot program with Pediatric Associates who purchased First Choice Pediatrics in October 2022.

Model Definitions:

The PCBH model is a prominent approach to the integration of behavioral health services into primary care settings. The model is a team-based approach to managing biopsychosocial issues that are present in primary care.

Modular Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH) is an evidence-based treatment of childhood anxiety, depression, trauma, and conduct problems and has been extensively tested in community mental health settings

Program Goals: Improve mental health outcomes in children and youth, preventing, or reducing behavioral, emotional, and psychiatric issues in children with behavioral health screenings and early intervention to address psychosocial wellbeing.

- 1. Increase and improve patient access to care by decreasing wait times for mental health care and identifying alternative treatment options in the office of the Primary Care Physician.
- 2. Improve the patient care experience and satisfaction with direct care and linkage to specialty interventions, as needed.
- Decrease the risk of inpatient hospitalization of children and youth, birth to age 21 utilizing MATCH protocols to reduce anxiety, address depression, trauma, and conduct issues.
- 4. Decrease the risk of expulsion from academic settings in early childhood, elementary and high school aged children.

Enrollment/Referral Criteria: The integrated PCBH pilot will serve Orange County children and youth from birth to age 21.

Referrals/how people know about the services: The pilot will be promoted at the Youth Mental Health Commissions monthly meetings, within the local community among early childhood providers, Orange County Public School staff, and directly to community-based providers and caregivers across Orange County.

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Referral Limitations: None. Any Orange County family seeking pediatric medical care can access services by making an appointment with Pediatric Associates at any of their eight Orange County based medical offices.

Mayoral Initiatives: Integrated mental health services within a primary care setting is a major recommendation of the Orange County Mental and Behavioral Health System of Care Community Analysis and is a priority of Orange County.