# Interoffice Memorandum



March 14, 2023

TO: Mayor Jerry L. Demings

-AND-

**County Commissioners** 

Carrie Mathes, CFCM, NIGP-CPP, CPPO, C.P.M., Manager II,

Procurement Division

CONTACT: Donna Wyche, Manager, Mental Health and Homelessness Issues Division

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SUBJECT: Approval of Amendment No. 2, Contract Y22-149, Enhanced Learning

Collaborative Approaches to Youth Mental Health

## ACTION REQUESTED:

Approval of Amendment No. 2, Contract Y22-149, Enhanced Learning Collaborative Approaches to Youth Mental Health, with Judge Baker Children's Center Corp., in the amount of \$483,588.75, for a revised contract amount of \$1,532,718.75.

# PROCUREMENT:

This amendment will expand training, consultation, and implementation activities for the Modular Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH-ADTC) and Trauma Focused Cognitive Behavioral Therapy (TF-CBT) to Mental Health service providers county-wide. The amendment will add dollars to the current contract that expires on September 30, 2023.

These funds will support continued training of new and current staff of county wide service providers and allow for additional train the trainers who will further deepen community service provider's knowledge of evidence-based practices as recommended in the Orange County Mental and Behavioral Health System of Care Community Analysis.

#### **FUNDING:**

Funding is available in the account number 0001-062-2519-8610.

#### APPROVALS:

The Mental Health and Homelessness Issues Division concurs with this recommendation.

# **REMARKS:**

This increase will allow the Judge Baker Children's Center Corp to continue increasing opportunities for trainings and support the implementation of Evidence Based Practices within the existing

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Mental Health and Behavioral Health workforce within Orange County per the recommendation of the Orange County Mental and Behavioral Health System of Care Community Analysis.

In 2016, the Clinical Committee of the Youth Mental Health Management Network made recommendations that one of the ways the youth mental health system of care could be drastically improved was for agencies to implement evidence-based practices with fidelity throughout their agencies. Judge Baker Children's Center Corp, an affiliate of Harvard Medical School, offers a unique "Enhanced Learning Collaborative Approach" to multiple evidence-based practices:

- MATCH-ADTC is effective with youth ages 6-15 struggling with mental health and behavioral disorders.
- TF-CBT is effective in reduction of symptoms such as depression, anxiety, behavior problems, shame, cognitive distortions, and relationship difficulties for children of any age.

**Program Goals:** Provide the training and consultation series; a structured framework for an Enhanced Learning Collaborative approach to evidenced-based implementation and support; and the Treatment Response Assessment for Children System, a proprietary monitoring and feedback system.

## Enrollment/Referral Criteria for Modular Approach to Therapy for Children:

- 1. Work with Orange County to create a Request for Qualifications to recruit and identify a maximum of 40 community providers eligible for the Youth Mental Health Management Network of Preferred Providers with a specific focus on those providing behavioral health service to youth.
- 2. Ensure that 40 community providers, eligible for the Youth Mental Health Management Network Preferred Providers, are trained in MATCH-ADTC within two years of contract start date.
- 3. Provide routine support and follow-up to encourage the Youth Mental Health Management Network Preferred Providers trained in MATCH-ADTC to complete certification.

#### Enrollment/Referral Criteria for Trauma Focused- Cognitive Behavioral Therapy:

- 1. Work with Orange County to create a Request for Qualifications to recruit and identify a maximum of 75 community providers eligible for the Youth Mental Health.
- 2. Management Network of Preferred Providers with a specific focus on those providing behavioral health services to youth.

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- 3. Ensure that 75 community providers, eligible for the Youth Mental Health Management Network Preferred Providers, are trained in TF-CBT within two years of contract start date.
- 4. Provide routine support and follow-up to encourage the Youth Mental Health Management Network Preferred Providers trained in TF-CBT to complete certification.

The Mental Health and Homelessness Issues (MHHI) staff promoted the training to community-based providers and licensed clinicians throughout Orange County. The MHHI staff and Judge Baker Children's Center Corp staff facilitated information calls to educate providers about the training and consultation opportunities leading up to the start of training.

MATCH-ADTC and TF-CBT training and treatment availability is promoted at monthly Youth Mental Health Commission meetings, through the Youth Mental Health Commission's High Intensity Outpatient Options Booklet, and discussed with community-based and school-based partners, such as Orange County Public Schools. Youth and families enrolled in Breakthrough are also prioritized for services. Breakthrough is a pilot project developed by the Youth Mental Health Commission Management Network. It provides peer support services to families caring for youth with high-acuity mental and behavioral health challenges.