

Events

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Great Transitions Senior Living Series team for a discussion about what new treatments are out there for Alzheimer's and what is coming down the road. Reservations required, 9:30 a.m., June 21, Winter Park Campus of Commerce, 151 W. Lyman Ave., Winter Park, free, 407-473-1153.

Music in the Library: In honor of National Caribbean American Heritage Month enjoy a live performance by steelpan musician Rylon Rhoden. Rylon is an energetic pianist with an extensive musical repertoire. 11 a.m. June 24, Orlando Public Library, 101 E. Central Blvd., Orlando, free, 407-835-7323.

Dementia Sensitivity: Increase your awareness of Alzheimer's disease and other related dementias by learning about early signs and symptoms, communication techniques, and resources to help individuals and their families. Noon May 31, Eatonville branch of the Orange County Library System, 200 E. Kennedy Blvd., Eatonville, free, 407-835-7323.

Orlando Camera Club: Monthly meetings held on Zoom and in-person. 6:30 p.m., the second and fourth Monday of each month, Marks Street Senior Recreation Complex, 99 E. Marks St., Orlando, free, orlandocamerclub.com.

Orlando Chapter of the Florida Writers Association: Weigh-in 9-9:30 a.m., Meeting 9:30-10:15 a.m., Thursdays, Asbury Methodist Church, 220 Horatio Ave., Maitland, first visit free, then \$5 monthly dues, 407-376-7512.

Greater Orlando Orchid Society: 6:30-9:30 p.m., the third Tuesday of the month, Beardsall Senior Center, 800 S. Delaney Ave., Orlando, guests welcome, greaterorlandoorchidsociety.com.

TOPS Club Inc. (Taking Off Pounds Sensibly): 9-9:30 a.m., Meeting 9:30-10:15 a.m., Thursdays, Asbury Methodist Church, 220 Horatio Ave., Maitland, first visit free, then \$5 monthly dues, 407-376-7512.

Ballroom and Social Dancing: For seniors and all dancers, 6 p.m., Fridays, Marks Street Senior Recreation Complex, 99 E. Marks St., Orlando, \$6, 407-359-5393.

Tai chi and qigong classes: Learn how to improve wellness, range of motion, breathing capacity and many other benefits. 11:30 a.m.-12:30 p.m., Mondays and Fridays, Winter Park Presbyterian Church, 400 S. Lakemont Ave., Winter Park, \$10 per class, info@mindandbodyexercises.com, 407-234-0119.

Tai chi and qigong classes: Learn how to improve wellness, range of motion, breathing capacity and many other benefits. 11:30 a.m.-12:30 p.m., Mondays and Fridays, Winter Park Presbyterian Church, 400 S. Lakemont Ave., Winter Park, \$10 per class, info@mindandbodyexercises.com, 407-234-0119.

Greater Orlando Cribbage Club: Nine games are played, Part of the American Cribbage Congress, 6:30 p.m., Thursdays through May, Elks Club, 4755 Howell Branch Road, Winter Park, \$13 per night, 407-580-6696 or email chesama13@gmail.com.

TOPS Club Inc. (Taking Off Pounds Sensibly): 9-10 a.m., Saturdays, Eastland Baptist Church, 9000 Lake Underhill Road, Orlando, first visit free, then \$5 monthly dues, 985-513-2866.

Men Only Dementia Caregiver Onset Support Group: Sponsored by Alzheimer's & Dementia Resource Center, 10 a.m., every third Thursday of the month on Zoom. Email info@adccares.org or call 407-436-7750.

Open Support Group for Dementia Care Partners: Sponsored by Alzheimer's & Dementia Resource Center, 10:30 a.m., the first and third Fridays of the month, Rosen JCC, 1184 S. Apopka Vineland Road, Orlando, free, 407-436-7750 or email info@adccares.org.

TOPS Club Inc. (Taking Off Pounds Sensibly): Weigh-in 11:20 p.m., Meeting 1:30-2:30 p.m., Saturdays, Eastland Baptist Church, 9000 Lake Underhill Road, Orlando, first visit free, then \$5 monthly dues, 407-600-2321 or 407-630-3833, leave a message.

Central Florida African Violet Society: 10 a.m.-12:30 p.m., the third Wednesday of the month, September through May, with informal meetings June through August, Beardsall Senior Center, 800 S. Delaney Ave., Orlando, free, 407-246-4440.

TOPS Club Inc. (Taking Off Pounds Sensibly): 9-10 a.m., Saturdays, Eastland Baptist Church, 9000 Lake Underhill Road, Orlando, first visit free, then \$5 monthly dues, 985-513-2866.

Knitting/Crochet Classes: Free instruction. All ages and skill levels are welcome. Yarn is provided. 3:30-5 p.m., Wednesdays, St. Luke's United Methodist Church, 4851 S. Apopka Vineland Road, Orlando, free, email care@stlukes.org or call 407-876-4991, Ext. 262.

Duplicate Bridge: Intermediate bridge classes are being offered followed by an ACBL sanctioned game, 10:30 a.m., Thursdays, 11:30 a.m., Sundays, Orlando Metropolitan Bridge Center, 756 Bennett Road, Orlando, \$15 includes pizza, lesson, and game, 407-895-1943 or email davidjeb@gmail.com.

Central Florida Fruit Society: Learn about growing and enjoying fruit in Central Florida, Discover new species and varieties of ambrosial fruits from around the world and grow locally, 6:30-8:30 p.m., the third Monday of the month, Harry R. Leu Gardens 1920 N. Forest Ave., Orlando, free, JenC@CentralFloridaFruitSociety.org.

Central Florida Stamp Club: Meetings include auctions and informative lectures, 6 a.m., the first and third Thursdays of the month, Marks Street Senior Recreation Complex, 99 E. Marks St., Orlando, free, 407-889-0528.

'FashionAbility' American Sewing Guild, Orlando Chapter: A group dedicated to the art and skill of garment sewing. All levels welcome, 10:30 a.m.-noon the fourth Thursday of October, January, April and July, The Sewing Studio, 9005 U.S. Highway 17-92, Maitland, first two visits are free, then ASG membership is required, 407-697-0882.

TOPS Club Inc. (Taking Off Pounds Sensibly): 7 p.m., Thursdays, Delaney Street Baptist Church, 1919 Delaney Ave., Orlando, first visit is free, 407-898-6215.

Tai Chi for Health: Featuring simple Tai Chi forms and qi gong (energy work), 9-10 a.m., Tuesdays, Thursdays and Saturdays, 1st Unitarian Church of Orlando, 1901 E. Robinson St., Orlando, \$5 facility fee donation requested but not required, 407-701-3357.

United States Submarine Veterans - Central Florida Base: Open to all Navy personnel and veterans qualified in submarines. Guests are welcome, 7 p.m., the fourth Thursday of every month, Casselberry Veterans Club, 200 Concord Drive, Casselberry, 407-720-5163 or email CFBUSSV1@gmail.com.

Italian American Social Club of Central Florida: All nationalities are welcome. Dinner dances, with live bands, 6-10 p.m., every second and fourth Saturday (\$40 for members, \$45 for guests, includes open bar), Italian American Social Club of Central Florida, 5900 Hibiscus Court Road, Orlando, 407-273-2830.

Bingo: Proceeds benefit the Bahia Shrine Center Apopka. Doors open at 4 p.m., Early bird games start at 6 p.m., regular games start at 7 p.m., Wednesdays, Bahia Shrine Center 310 E. Semoran Blvd., Apopka, 407-660-8811, Ext. 306.

Order of the Skywatcher Clan: A meeting of the nonprofit Order of the Skywatcher Clan's (Native American tribe and 501c3 charity) caving group, which takes monthly trips to the tribe's cave near Belleview to explore. Training is provided. Also potluck lunch, fossiil hunting and camping. Advance registration required, 11 a.m.-2 p.m., first Saturday of the month, a private residence, 3045 Silverwood Drive, Orlando, free, 407-293-1739, omegaatl58@junoz.com.

Legal Advice Clinic for College Students: Meet with experienced staff attorneys from the Seminole County Legal Aid office to get free legal assistance on various family law and private landlord tenant issues, 9 a.m.-noon May 25, June 8, June 15, July 13, July 27, Aug. 24, Sept. 14, Sept. 28, Oct. 12, Oct. 26, Nov. 9, Seminole State College of Florida, 100 Wekiva Blvd., Sanford, free, 407-834-5660, Ext. 114, or camrynw@scsfl.edu.

League of Women Voters of Seminole County: The 2023 Legislative Session, Law and Consequences, Panel discussion with Jennifer Adams, LWVFL and Sadaf Knight, CEO Florida Policy Institute. Reservations required, 11:30 a.m., 255 Patio Grill, 2900 S. Orlando, Sanford, 407-251-2511, or email camrynw@scsfl.edu.

Casselberry Coin Club: Members will host a "numismatic" rummage sale. Members and guests are invited to bring unused or unwanted collecting supplies and accessories and/or coins to sell (or trade) to fellow collectors, 7 p.m., June 6, Wier Park, 806 Mark Darden Blvd., Casselberry, free, 407-949-2123.

Oviedo Citizens in Action: A group for people interested in aiding, encouraging and fostering community improvements for low income families in Central Florida. There will be a discussion about the youth outreach program and Dr. Martin Luther King Jr. Day, Newberry, 7 p.m., June 12, Round Lake Park, 891 E. Broadway, Oviedo, free, 321-356-5284.

Joseph Rouseff of the Sentinel staff compiled this report. To submit an item, email communityevents@orlandosentinel.com.

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