

Orange County Mental and Behavioral Health System Gaps













Orange County Foundation

- Orange County Housing For All
- Mayor's Transportation Initiative
- Jail Diversion Committees
- CARES Funding for Social Services
- Eviction Diversion
- Neighborhood Centers for Families
- Primary Care Access Network

Mental Health and Homelessness Division Foundation





- Central Receiving Center
- Crisis Intervention Team Training (adults and youth)
- Wraparound Orange/ System of Care Initiative
- Family Support Navigation
- Youth Mental Health Commission

- Mobile Crisis
- Spirit Navigation Platform
- Breakthrough Pilot
- Multisystemic Therapy Psych
- Respite

- Functional Family Therapy
- Modular Approach to Therapy For Children
- Community-Wide Adverse Childhood Experiences Initiative
- Cultural and Linguistic Competency Training
- Spirit Expansion to Orange County Schools
- Orange Connects

CONTINUUM OF CARE















AFTERCARE



SERVICES





Supporting Diverse Needs Through Diverse Means

CONTINUUM OF CARE PREVENTION/ AFTERCARE **SERVICES** EARLY OUTPATIENT & MENTAL HEALTH INTERVENTION RESIDENTIAL CARE

Current System CONTINUUM OF CARE

Disjointed Navigation



- Some daycare training through the Early Learning Coalition
- Some community interest in advocating for becoming a trauma informed community (PJI ACES)
- Baby Institute 0-5 in Parramore and Apopka
- Small Nurse Family Partnership (need 4.5 more staff for full program)



- OUTPATIENT
- General eclectic services
- Not enough capacity for psychiatric services (average 1-3 month wait list)
- Some MATCH and EMDR certified therapists
- UCF Restores



- OUTPATIENT
- Not enough capacity for youth- CAT Team, Dually Served and MST Psychiatric
- No early childhood crisis response
- Underutilized adult FIT and FACT Teams
- Need for weekend and overnight respite (youth and adults)



 No Psychiatric Emergency Department



SUBSTANCE ABUSE & MENTAL HEALTH RESIDENTIAL CARE

 Not enough beds and capacity for eligible youth and adults for residential placements 1-3



AFTERCARE



- Little to no peer support for individuals leaving jail or residential facilities
- File does not follow individual to new setting
- Transportation barriers
- Lack of capacity for Care Coordination

- Severe lack of affordable housing options
- Severe lack of affordable and respectable Assisted Living and Supportive Housing Facilities
- Need for Transitional Living Facilities



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- Some community interest in advocating for becoming a trauma informed community (PJI ACES)
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- Mental Health and Homelessness Behavioral Health Funding: \$10,030,812 (4,131 individuals and families served, approximately 10,000 impacted)
- State (Central Florida Cares) Behavioral Health Funding: \$30,921,579*
 (14,309 individuals and families served)

^{*}funds and individuals served reflect anyone seeking services in Orange County, not just residents

CONTINUUM OF CARE

Providers Needs/Costs

Community Assessment-Driven Navigation

High Functioning Systems



PREVENTION/ EARLY INTERVENTION

- SAMHSA System of Care Expansion Grant \$1mil
- Add 4.5 positions to Nurse Family Partnership Program \$441k
- Peer Respite \$450k
- Caregiver overnight and weekeng respite \$1mil
- CIT Expansion \$172k
- 24/7 Drop-In Centers with substance abuse mental health overlay \$900k
- Adult Mobile Crisis \$1mil
- Early Childhood Mental Health Consultation 300 daycares

= \$32mil



- Wide spread training in evidence based practices to mental health providers \$1mil •
- More psychiatric providers \$1mil-\$5mil
- Increased capacity for care coordination and case management \$680k
- Indigent Drug Program \$12k

= \$2.7-\$6.7mil





- Psychosocial Rehab \$2.2mil
- **Psychosocial Rehab Assisted** Outpatient Treatment \$750k
- **Medication Assisted** Treatment \$325k
- Adult Intensive Outpatient Services \$1mil

= \$6.2mil



INPATIENT

- Psychiatric **Emergency** Department
- \$330k

= \$330k

 Increased capacity for youth and adult residential units

SUBSTANCE ABUSE

& MENTAL HEALTH

RESIDENTIAL CARE

levels 1-3 **\$2.6mil**

AFTERCARE

- Peer Support \$455k
- Increased Care Management \$680k

= \$1.1mil



SERVICES

- Coordination and Case
- 30.300 affordable and attainable Housing (refer to Housing for All 10 year plan- \$160mil over 10 years)
- Supportive Housing
- Assisted Living Facilities
- Transitional Living **Facilities**

= \$?

- Substance Abuse, Family, Youth and General MH Peer Support
- Trauma Center
- Culturally and Linguistically Competent System
- Consumer driven voice and choice

= \$2.6mil

- Expanded training and credentialing in high fidelity Evidence Based Practices
- Data driven decision making
- Federal to state level policy decisions/ Medicaid Expansion
- Physical space to support needed services

TOTAL NEED: \$49mil



- SAMHSA System of Care Expansion Grant \$1mil
- Add 4.5 positions to Nurse Family Partnership Program \$441k
- Peer Respite \$450k
- Caregiver overnight and weekend respite \$1mil
- CIT Expansion \$172k
- 24/7 Drop-In Centers with substance abuse mental health overlay \$900k
- Adult Mobile Crisis \$1mil
- Early Childhood Mental Health Consultation 300 daycares \$27mil





- Wide spread training in evidence based practices to mental health providers - \$1mil
- More psychiatric providers \$1-\$5mil
- Increased capacity for care coordination and case management \$680k
- Indigent Drug Program \$12k

= \$2.7- \$6.7mil



- Additional teams for MST Psych \$630k, CAT \$750k and Dually Served \$500k
- Psychosocial Rehab \$2.2mil
- Psychosocial Rehab Assisted Outpatient Treatment \$750k
- Medication Assisted Treatment \$325k
- Adult Intensive Outpatient Services \$1mil



Psychiatric Emergency Department \$330k



• Increased capacity for youth and adult residential units levels 1-3 - \$2.6mil



- Peer Support \$455k
- Increased Care Coordination and Case Management \$680k

= \$1.1mil



- 30,300 affordable and attainable Housing (Housing for All 10 year plan-\$160mil over 10 years)
- Supportive Housing
- Assisted Living Facilities
- Transitional Living Facilities



CONTINUUM OF CARE

Community Assessment-Driven Navigation



- Substance Abuse, Family, Youth and General Mental Health Peer Support
- Trauma Center
- Culturally and Linguistically Competent System
- Consumer driven voice and choice
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TOTAL NEED: \$49mil

VALUES OF HIGH FUNCTIONING SYSTEMS

Short Term Recommendations

- 1. Full time CIT Coordinator to train trainers, collect data and expand CIT Training (\$172k), Mindfulness Training (\$12k), CIT Echo (free) = \$184k total (600 additional first responders and corrections officers trained. Currently 150 are trained annually)
- 2. Adult Mobile Crisis = \$1mil total (new initiative)
- 3. Adult intensive outpatient (\$230k, new initiative to serve 24 people), Assisted Outpatient Treatment and Psychosocial Rehabilitation (\$750k, new initiative to serve 38 people), Medication Assisted Treatment (\$325k, expand to 25 non-incarcerated individuals) = \$1.3mil total and 87 people served
- 4. Evidenced Based Practices in outpatient services that support people staying in the community = \$1mil total (new initiative)

Short Term Recommendations

- 5. Increase capacity pre and post booking Peer Support = \$900k total (new initiative)
- Drop-in Centers with Mental Health and Substance Abuse overlay = \$900k total (new initiative)
- 7. Psychiatric ED = \$330k total (new initiative)
- 8. Substance abuse and mental health residential services levels 1-3 = \$3.3mil total (63 additional people. Current capacity is 102)

SHORT TERM NEED: \$9mil



Long Term Recommendations

- 1. Affordable housing, supportive housing, assisted living and transitional living facilities = \$?
- 2. Prevention, early identification and intervention: disrupt the prenatal to prison pipeline
 - SAMSHA Grant Expansion = \$1mil (new initiative to serve 150 families)
 - Nurse Family Partnership = \$441k (serve an additional 26 families, up from 26)
 - Caregiver overnight respite = \$1mil (new initiative)
 - Early Childhood Consultation = \$27mil (new initiative)

LONG TERM NEED: \$29.4+mil



Heart of Florida United Way - Selection

- Not a direct service provider can provide an objective perspective
- Experienced in working with service providers, consumers and corporate partners
- Experienced in supporting Orange County through times of crisis:
 - Operation of Orlando United Assistance
 Center after the Pulse Shooting
 - Assist evacuees from Puerto Rico after Hurricane Maria





Heart of Florida United Way – Scope of Work

- Convene the Mayor's stakeholder group to vet and review Orange County Gaps Analysis
- Oversee ongoing stakeholder involvement
- Identify funding duplications, opportunities and service funding gaps from the perspective of alignment
- Ensure community groups create plan
- Hire a consultant to validate findings and work with community groups
- Deliver a strategic plan to create a high performing behavioral health system that includes financial sustainability





Heart of Florida United Way – Schedule/Budget

Schedule: 8 months

Budget: \$315,480

 Contract will be funded through the American Rescue Plan





Requested Action

Approval of the Scope of Work Proposal and Funding in the amount of \$315,480 for the Heart of Florida United Way to undertake a Mental and Behavioral Health System of Care Community Analysis using, in part, Orange County's Mental Health and Homelessness Division's *Continuum of Care Report* and authorization for the County Administrator to execute a contract with Heart of Florida United Way.



Orange County Mental and Behavioral Health System Gaps





