

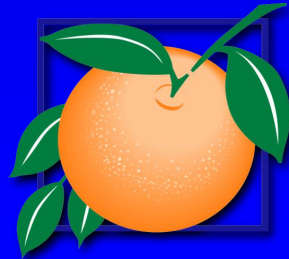
Youth Mental Health

Donna Wyche, MS, CAP

Manager, Mental Health and Homelessness Division
Community and Family Services Department

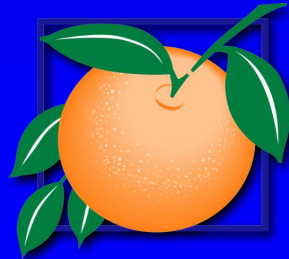
Presentation Overview

- **Youth Mental Health Data**
- **Orange County Response**
 - **Wraparound Orange**
 - **Youth Mental Health Commission**
 - **Funding**
- **Next Steps**



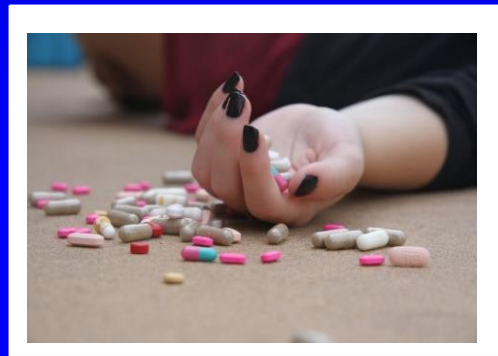
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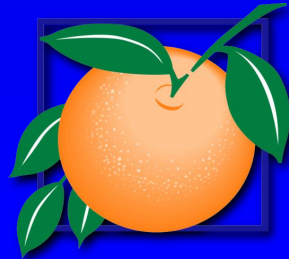
Youth Mental Health Data

- **50% of all diagnoses** appear by the age of 14, and 75% by the age of 24
- **Approximately 20% of youth** have a diagnosed mental health disorder
- **2nd leading cause of death is suicide** for youth aged 10-24 in 2017
 - **10% of Orange County High School Students** attempted suicide in 2019 (National Average is 7.4%)
- **4,156 youth** were admitted to an inpatient hospital in Orange County during 2019
- **90% of youth** who commit suicide have a mental health disorder
- OCPS initiated **542** Baker Acts last year (438 in 2017-2018, 504 in 2016-2017)
- **65% of youth** who have a mental health disorder receive treatment.
- **10 years** is the average time between identification and treatment of youth mental health disorders.
- **80% of youth** in child welfare have a mental health diagnosis
- **65%-75% of youth arrested** have a mental health diagnosis
- **54.8% of Orange County parents** report a lack of knowledge about mental health resources



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Orange County Response

Wraparound

- **Began in 2009 Substance Abuse Mental Health Administration (SAMHSA)**
 - **High Fidelity Wraparound model- “in home” service delivery (ages 0-12)**
 - **Focus on System of Care Values: Family driven, youth guided, culturally and linguistically competent, strengths-based, comprehensive, coordinated, community based, individualized, integrated, respectful, outcomes based, and focused on early prevention and intervention**
- **2015 SAMHSA expansion grant (ages 0-21)**
 - **Added Open Table and Wellness Recovery Action Plan (WRAP)**
- **2014 and 2017 Criminal Justice Substance Abuse Mental Health Reinvestment Grant (CJR)**
 - **youth aged 13-16 involved in the criminal justice system**
 - **Partnership with NAMI for Crisis Intervention Training Youth (CIT-Y)**



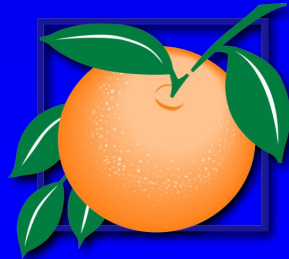
Orange County Response

Wraparound Outcome Measures

- **140 families in service simultaneously and 200 families a year**
- **Average length of service is 12 to 18 months**
- **52% of youth served reside in the targeted zip codes in the Forefront Report**
- **51% improvement in school attendance**
- **37% improvement in school performance**
- **Reduction in arrests from 45% to 6.5% at 12 months**
- **Youth improvements**
 - **Ability to cope when things go wrong from 35.8% to 65.9%**
 - **Getting along with family from 68.6% to 87.8%**
- **Caregiver improvements**
 - **Reduced caregiver stress by 30%**

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Orange County Response

Youth Mental Health Commission 2013

Dr. Mike Muszynski
Associate Dean for
Clinical Research
Florida State University

Dr. Barbara Jenkins
Superintendent
Orange County Public
Schools

Richard Morrison
Regional Vice
President/Chair
Florida Hospital

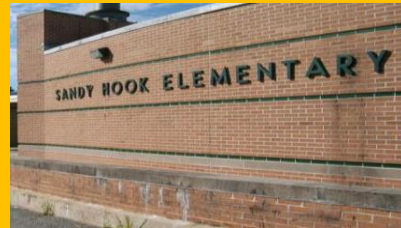
The Honorable Belvin Perry, Jr.
Chief Judge/Co Chair
Orange County Ninth Judicial
Circuit

Honorable Jerry Demings
Sheriff
Orange County

Duke Woodson
Attorney
Foley and Lardner

David Odahowski
President
Edyth Bush Foundation

Catalyst



December 2012 Sandy Hook Shooting. Orange County strives to ensure our system is strengthened



Youth Mental Health
Commission is Established 2013

Polly Anderson
Executive Director
University of Central
Florida/WUCF TV

Maria Bledsoe
Chief Executive Officer
Central Florida Cares

Muriel Jones
Executive Director
Central Florida
Federation of Families

William Butler
Student
University of Central Florida

Sara Brady
President
Sara Brady Public Relations

Shannon Atkins
Assistant Nurse Manager
South Seminole Orlando Health

William D'Aiuto
Regional Managing Director
Florida Department of
Children & Families

Dr. Karen Hofmann
Director
Counseling/Psychological Svcs
University of Central Florida

Dr. Michael Campbell, Ph.D, LCSW
Director of Patient & Family Centered
Care
Nemours Children's Hospital

Orange County Response

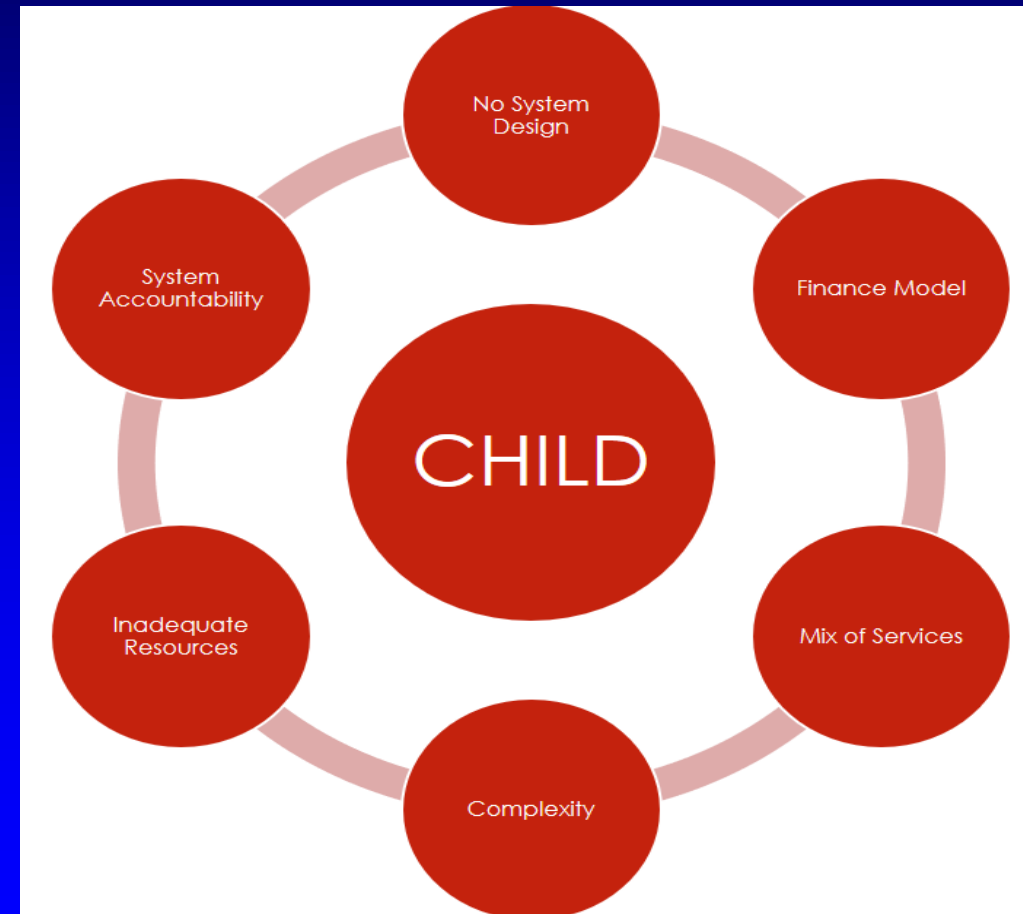
Youth Mental Health Commission 2013

Six Areas of Need

- » **Lack of a system design and coordination**
- » **Financing model disincentives and poor accountability**
- » **Restrictive service array: families receive the wrong mix of services**
- » **System complexity**
- » **Inadequate resources (prevention and intervention)**
- » **Lack of system accountability**

Recommendations

- 1. Create a Management Network**
- 2. Implement Strategies based on research and best practices**
- 3. Build on current successes and collaborations**



Orange County Response

Youth Mental Health Commission 2014-2017

Crisis Intervention Training Youth available to community through Criminal Justice Substance Abuse Mental Health Reinvestment Grant



CAT Team begins with Aspire Health Partners



Management Network Established



Concept for pilot established



Selected for Breakthrough navigation System



Expansion



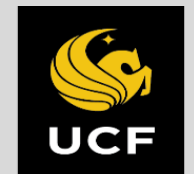
WELLNESS RECOVERY ACTION PLAN
Renewing Your Wellness Your Way



Contract established with Devereux Advanced Behavioral. Funded through SAMHSA and Florida Hospital



Nemours commits funding



UNIVERSITY OF
CENTRAL FLORIDA
Established as Research Partner

Orange County Response

Youth Mental Health Commission 2018-Present



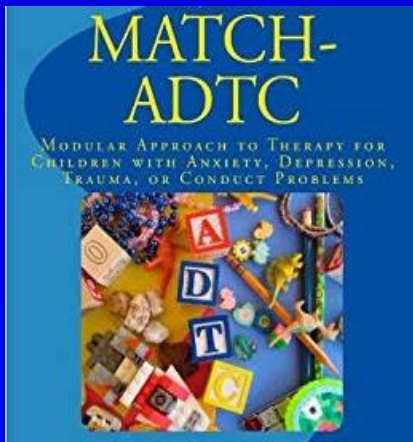
State funds program through
Aspire Health Partners



Go Live Date April 9, 2018



Spirit Expansion to OCPS



YOUTH MENTAL HEALTH COMMISSION MANAGEMENT NETWORK



COLLECTIVE IMPACT

Stakeholders, funders, researchers and providers collaborate and share a common agenda to share information and resources for system improvements

COMMUNITY NAVIGATION

Streamlined Navigation System using a common assessment on a live, web-based platform

CREDENTIALLED PROVIDER SERVICES NETWORK

Providers will offer a diverse menu of services steeped in evidence based practices and System of Care Values

BLENDED AND BRAIDED FUNDING

Through public and private funding, families will receive the supports they need regardless of ability to pay

ACCESS POINTS

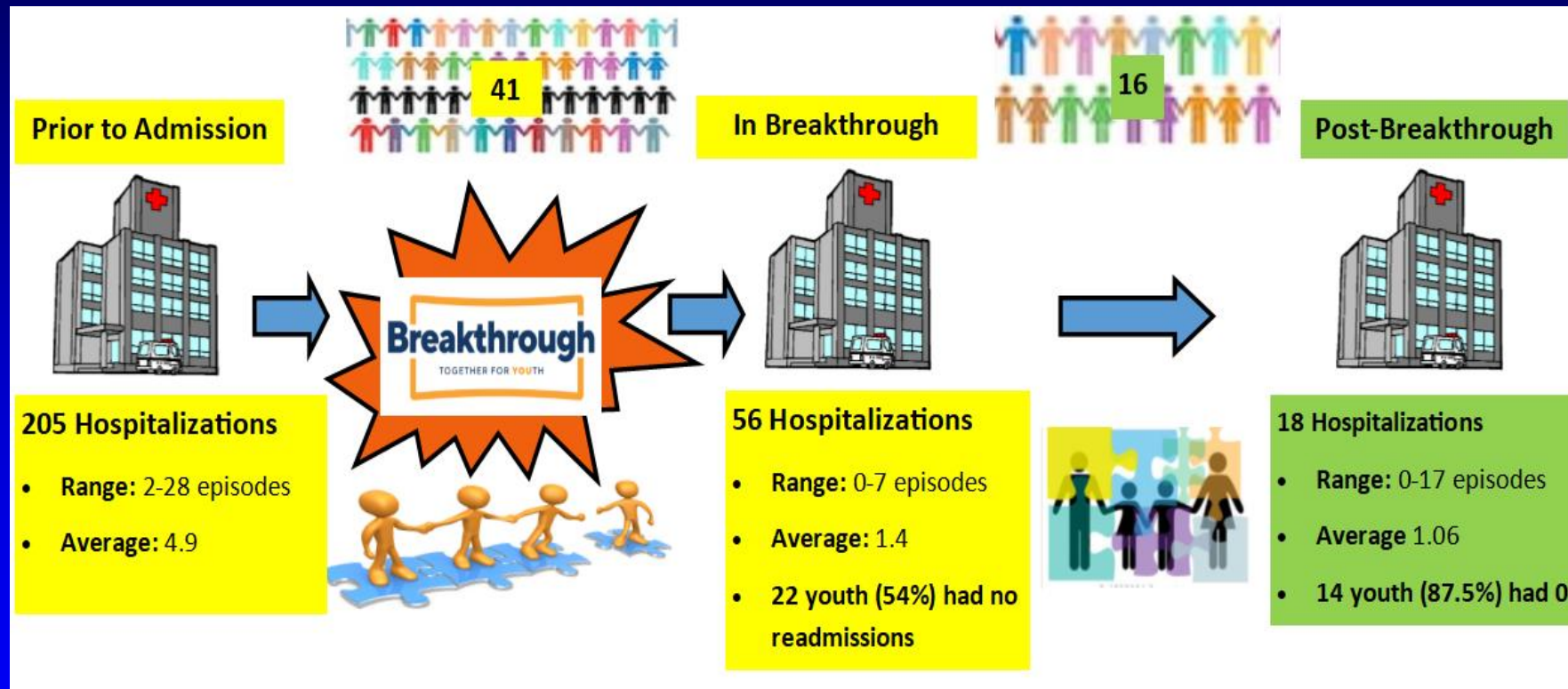
Mobile Crisis
Breakthrough
Department of Juvenile Justice
Orange County Public Schools
Hospitals
Child Welfare

MENU OF SERVICES

- Wraparound Orange
- Functional Family Therapy
- Multi Systemic Therapy Psychiatric
- Outpatient Medication Management
- Outpatient Therapy
- Telehealth
- Community Action Team
- Youth and Family Peer Support
- Peer Mentorship
- First Episode Psychosis Team
- Dually Served
- Respite

Orange County Response

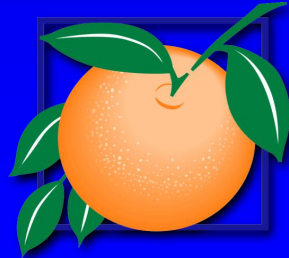
Breakthrough Pilot



- Dramatic and statistically significant improvements in family functioning as it relates to their work with Family Support Navigators
- Families are extremely satisfied with Breakthrough and believe this unique approach is helping their adolescents

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Funding

- **Private and Public Blended and Braided Funding**
- **Nemours Hospital dedicated annual funding for Breakthrough**
 - **Includes staffing, services and research for 5 years**
- **Orange County Public Schools, Embrace Families and Department of Children and Families dedicated Breakthrough service funding**
- **Embrace Families is the Managing Partner**
 - **Oversees partner funds, hiring and support for Family Support Navigators**



Funding

Children's Services Funds: \$1.3M

- **Multi Systemic Therapy Psychiatric (MST Psych)**
 - \$630k (start date 12/9/19)
- **Modular Approach to Therapy for Children (MATCH)**
 - \$340k (training completed 1/31/20, ongoing)
- **Respite**
 - \$330k
- **Youth in 9 identified high acuity zip codes are prioritized to receive services**



Funding

Central Florida Foundation

- **Orange County Public Schools Spirit Expansion**
 - \$50k



Orange County in Partnership with Central Florida Cares

- **BAYS Florida Functional Family Therapy**
 - \$565k

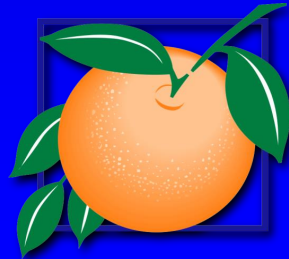


The WHOLE is greater than the sum of its parts



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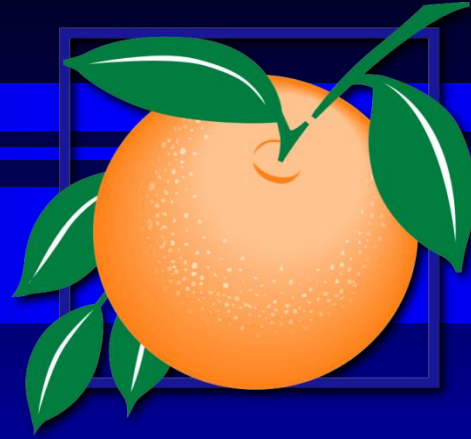
Next steps

- **Scale Breakthrough**
- **Legislative Budget Request – Children 0-8**
- **Expanding the use of Spirit to Orange County Public Schools**
- **Continuing to add Evidence Based Practices to menu of services**
- **Continue to align federal, state, local and private funding**

OUR VISION

A community of resilient youth and families well equipped to deal with the stress of life and enjoy empowered, independent, healthy and productive lives.





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Community and Family Services Department
